

## ABOUT THE KNIGHTS OF PYTHIAS

The Order Knights of Pythias is an international non-sectarian fraternal order dedicated to the principles of Friendship, Charity and Benevolence.

There are Pythian Lodges serving the entire State.

Pythians sponsor holiday parties for various handicapped and senior groups, individually funded scholarships and regular donations to many worthy charities, including Cystic Fibrosis, Deborah Hospital, American Diabetes Association, Mended Hearts, CCFA, and the American Cancer Society. Donations are also made to local volunteer programs and organizations such as D.A.R.E., C.E.R.T., rescue squads, and ambulance corps.. We also provide cell phones reprogrammed to dial 9-1-1 to senior centers. Many handicapped children and adults and senior citizens are invited for free to our annual circus and "Hand of Friendship Day," both held in Fair Lawn.

Socially, we have our spring dance, picnic, and trips to Atlantic City and to ball games. We also have open meetings, dinners, guest speakers, and theater parties.

Both health and death benefits through Benevolent Associations run by the lodges are available to members.

All men 18 years or older are encouraged to join us in our charitable and social endeavors.

We also have a Pythian Sisters Chapter available for women interested in charitable work.

More information is available on [www.NJKOPCharities.com](http://www.NJKOPCharities.com) or [www.cardozospeaks.org](http://www.cardozospeaks.org) websites.



The Bike Riders will start their rides:

30 miles 9:00 AM  
15 miles 10:00 AM  
10 miles 10:30 AM  
5 miles 11:00 AM  
2.5 miles 11:15 AM

Walkers above 5 miles will begin at 10 AM  
All other walkers will begin at 10:30 AM.

Registration and all riders and walkers will start from designated areas at both parks.  
*HELMETS REQUIRED FOR BIKERS*

Directions: Route 208 south. Follow signs to Garden State Parkway. Go straight at light on Saddle River Road. Park is on the left about 3/4 mile. Route 4 East. Exit Saddle River Road. Follow above directions. Route 4 West. Exit Saddle River Road, Saddle Brook.

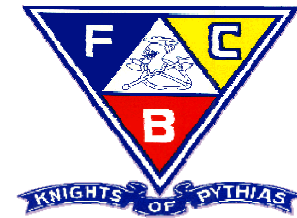
Registration tables will be open at 8:45 AM and all participants should register approximately 15 minutes before their starting time.

The first 100 registrants who have solicited the minimum of \$100 for charity will receive a free t-shirt at registration.

Water and refreshments will be available throughout the event. Several rest stops will be established for your convenience.

Coffee and bagels will be available when you arrive for the event.

A free Pythian sponsored picnic will follow the event for all participants.



**NJ Knights of Pythias  
Charity Foundation**  
A 501(C3) is sponsoring the  
fifth annual

## CHARITY Bike-a-thon/ Walk-a-thon

on  
**September 12, 2010**

Starting at the Saddle Brook  
Pavilion Bergen County Bike  
Path, Pehle County Park  
Saddle River Road  
Saddle Brook, NJ

Join your friends & neighbors to  
help raise money for Pythian  
charities including:

**Autism Speaks,  
American Cancer Society,**

and local volunteer  
**Emergency Service Units**  
serving Pythian communities.

Visit: [WWW.NJBIKEATHON.COM](http://WWW.NJBIKEATHON.COM)  
to secure registration forms and waivers.

